

Alzheimer's Program Calendar



	Monday	Tuesday	Wednesday	Thursday
8:00am - 9:00am	Coffee Social: Dining R. Good Morning America: Cinema Room Independent Reading Morning Trivia	A Sip at Sunrise: Dining R. Good Morning America: Cinema Room Independent Reading Morning Trivia	Coffee Chat: Dining R. Good Morning America: Cinema R. Independent Reading Morning Trivia	Sit and Sip Good Morning America: Cinema Room Independent Reading Morning Trivia
9:00am - 10:00am	Breakfast: Dining R.	Breakfast: Dining R.	Breakfast: Dining R.	Breakfast: Dining R.
10:00am - 10:30am	Morning Meeting Current Events:	Morning Meeting Current Events:	Morning Meeting Current Events:	Morning Meeting Current Events:
10:30am - 11:00am	Ball Toss	Sittercise	Bean Bag Toss	Sittercise
11:00am - 11:30am	Snack Relaxing Music	Snack Relaxing Music	Snack Relaxing Music	Snack Relaxing Music
11:30am - 12:00am	Montessori Activity	Aroma Therapy Painting Group	Pet Visit	Mix and Match Massaging Clay
12:00pm - 12:30pm	Construction Nail Care	Puzzle Color Sorting	Identification Cards Card Game	Picture Reminiscing Reading Group
12:30pm - 1:30pm	Lunch	Lunch	Lunch:	Lunch
1:30pm - 2:00pm	5 Senses	Fluff and Fold	Colored Pencil Art	Fluff and Fold
2:00pm - 3:00pm	Sing A Long Dancing	Beauty Hour Nail and Hair Care	Parachute Walking Group	Beauty Hour Nail and Hair Care
3:00pm - 3:30pm	Snack Free Time	Snack Free Time	Snack Free Time	Snack Free Time
3:30pm - 4:00pm	Prepare to Go Home	Prepare to Go Home	Prepare to Go Home	Prepare to Go Home

* Independent supplies are always Available

Newspapers, Magazines, Books, Games, Pool Table, Cards, Computer